



# The Alternative Academy Program

## November 2019

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Popcorn Chicken Bowl w/ Mashed Potatoes, Corn & Dinner Roll Garden salad
4 Cheesy Garlic Flatbread Sweet Potato Wedges Romaine Tossed Salad	5 Triple Dipper Tuesday: Buffalo Chicken Bites, Pretzel Nuggets, French Fries Romaine Tossed Salad	6 Penne Pasta w/ Italian Meat sauce Steamed Broccoli Romaine Tossed Salad	7 School Closed Teachers Convention	8 School Closed Teachers Convention
11 Stuffed Breadsticks w/ Marinara Sauce Cinnamon Sweet Potatoes Spinach Tossed Salad	12 Roasted Chicken in Basket w/ Buttermilk Biscuit Smile Fries	13 Old Fashioned Mac & Cheese w/ Dinner Roll Steamed Broccoli & Stewed Tomatoes Spinach Tossed Salad	14 Twin Tacos w/ Rice, Cheese, Lettuce, & Tomato Black Beans,	15 General Tso Chicken w/ Rice Green Beans Spinach Tossed Salad
18 Breakfast for Lunch: French Toast Sticks w/ Sausage Links Sweet Potato Fries	19 Triple Dipper Tuesday: Boneless Chicken Bites, Pretzel Stick, Waffle Fries Romaine Tossed Salad	20 Orange Chicken w/ Rice Asian Style Broccoli Romaine Tossed Salad	21 Sizzlin' Fajitas w/ Toppings (Beef or Chicken) Vegetarian Refried Beans	22 Meatball Parm Sub Roasted Zucchini Romaine Tossed Salad
25 Texas Toast Grilled Cheese w/ Tomato Soup Roasted Carrot Sticks	26 Roasted Turkey w/ Stuffing, Gravy & Dinner Roll Spinach Tossed Salad	27 Mac & Chicken Alfredo w/ Garlic Breadstick Roasted Broccoli	28 School Closed Happy Thanksgiving!	29 School Closed Happy Thanksgiving!

**Grab & Go Salads & Wraps**

**11/1:** Turkey BLT Salad & Chicken Caesar Wrap

**11/4-11/8:** Chicken Caesar Salad & Italian Sub

**11/11-11/15:** Buffalo Chicken Salad & Turkey Club Wrap

**11/18-11/22:** Chef Salad & Buffalo Chicken Wrap

**11/25-11/29:** Garden Salad w/ Cheese & Tuna Wrap

Assorted Deli Meats, Cheeses, & Salads served on Fresh Bread, Rolls, & Wraps.

**HONOR ROLL**

**Monday:** Cheeseburger or Chicken Patty

**Tuesday:** Cheese or Pepperoni Pizza & Twin Hot Dog

**Wednesday:** Cheeseburger & Grilled Chicken Sand.

**Thursday:** Ham & Cheese Pretzel Melt & Buffalo Chicken Patty

**Friday:** Philly Cheesesteak & Cheese or Pepperoni Pizza

**OFFERED DAILY**

Assorted Fresh Fruits & Vegetables, Specialty Made Salads, Assorted Low Fat & Skim Milks, 100% Fruit Juice.

